



LEADING SELF: GESTALT FOUNDATIONS

For personal, team
and organizational
success



Benefits

As a participant in this program you will:

- Learn about yourself in profound new ways
- Increase awareness of your leadership strengths and how to leverage them
- Explore the powerful 5Dynamics energy model for work, learning, and collaboration
- Develop insight and clarity about how to manage your natural energy at work
- Increase your ability to be intentional and effective in the choices you make
- Develop new understanding of your impact on others
- Develop your leadership presence
- Create a plan for continuing your leadership journey

DATES:

Oct 15-17, 2019

BEGINS:

Tuesday 1pm

ENDS:

Thursday 1pm

PROGRAM

LENGTH:

2 days

FACULTY DRAWN FROM:

Ned Robinson-Lynch

Marianne Roy

Stuart Simon

PROGRAM FEE:

\$995*

*GISC MEMBER \$945

(\$495 WHEN REGISTERING IN
COMBINATION WITH ANY OTHER
LEADERSHIP PROGRAM)

Success, effectiveness and fulfillment in today's fast-paced, team-based, global work environments require a well-developed ability to connect with others and build relationships. Understanding oneself is at the heart of this ability and central to effective workplace relationships, leadership and influence. Our premise is that self-awareness is the doorway to choice and adaptability and the integrity that comes from the alignment of intention and impact.

In this program, your focus will be on developing a greater self-awareness and a more profound understanding of your impact on other people, through the integrated use of Gestalt core concepts such as Awareness, Optimism, Presence and the Cycle of Experience. The learning will include tools, self-assessments and practices designed to develop core skills that are essential to leadership, and to building your performance, effectiveness and resilience in today's complex, fast-moving organizations.

This Leading Self program emphasizes the practical application of Gestalt core concepts rather than just focusing on theory. Through active participation, you will learn and practice the skills that are central to achieving personal awareness, connecting with others, managing stress, collaborating, demonstrating presence and embracing an optimistic stance.

This program is a prerequisite for all other GISC leadership programs. Why a prerequisite? Because we have identified the most vital competencies for your professional success and designed training that will enhance your ability to apply and build on these essential skills and values.



Participants

This program is for individual contributors, valued professionals, emerging leaders, and others wishing to learn the fundamentals of relational leadership practice. The program will help anyone in a leadership role or preparing for leadership gain self-awareness and the personal tools necessary for building strong professional relationships and set the foundation for further skill development. This, or the online blended-learning version of the program, is a prerequisite for every GISC leadership program.

gisc.org/leadership

508.349.7900

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