

# The Practice of Leadership For Individual and Group Effectiveness

Dates	<b>Please contact the GISC office to inquire about bringing this program into your organization</b>
Fee	<b>\$4,300</b>
CE hours	<b>32</b>
Faculty	<b>Drawn from GISC leadership faculty including: Gwynne Guzneau and Marriane Roy</b>



This program is designed to provide an intensive, highly interactive learning experience to enhance your understanding and practice of leadership. The primary goal is to deepen self-awareness and build new capabilities that can be immediately applied in the context of your organizational group, team, or department. Our approach builds new skills based on existing strengths.

The program will provide an overview of Gestalt-based leadership principles including the cycle of experience, multiple realities, resistance, appreciative stance, advocacy, inquiry, dialogue, as well as strategic and relationship behaviors. It will also explore the notion of leadership in service of getting things done with others.

One major focus of the program is on individual learning, developing personal insights and skills in the area of reflection, purpose, presence, adaptability, change, communication, use of authority and power, as well as giving and receiving feedback. However, leadership is influenced and informed by the organization's culture. This program will help raise your awareness of cultural norms and practices in your organization and how they influence group effectiveness and leaders at all levels.

The other major focus of the program will explore group dynamics and build skills to improve team effectiveness. Participants will have the opportunity to practice the integrated use of authority, self awareness, and adaptability in a group context. We call this capability self-leadership, and it will help participants to more effectively lead groups within their organizational context. The concept of self-leadership is an essential capability for personal development and professional success in a rapidly changing world.

This program provides a unique forum for growth and development through the experience and integration of learning from practice and reflection, learning from others, learning from highly-interactive small group exercises, and learning from theory and case studies.

## Benefits

Participants:

- Develop knowledge and experience of self-leadership.
- Develop new, lifelong skills that can be applied immediately.
- Improve ability to get things done with others.
- Identify organizational challenges and how to apply GISC leadership principles to address those challenges.
- Deepen understanding of the linkage between effective team leadership and organizational performance.
- Improve skills for managing differences and resistance.
- Strengthen capability to handle situations effectively real-time.
- Build new levels of trust, appreciation, and teamwork with others from their organization.
- Be eligible for GISC coaching services at a discounted rate to help facilitate integration of course learnings in the workplace.

## Participants

This program is designed for high-potential, mid- to senior-level directors and managers in small, medium and large organizations including public, private, and nonprofits. Participants may attend individually without other members of their organization. However, this program offers the unique opportunity for participants to attend with other leaders from the same organization.



# Registration Form

Name: \_\_\_\_\_ Male:  Female:

Company Name: \_\_\_\_\_ Position: \_\_\_\_\_

Preferred Mailing Address - Work  / Home : \_\_\_\_\_

City/State/Province/Postal Code/Country: \_\_\_\_\_

Work Phone: \_\_\_\_\_ Home Phone: \_\_\_\_\_

Mobile Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Current Profession (please check all that apply):

Coach  Consultant/OD  Psychotherapist  Leader/Executive  Nonprofit  Educator  Other  \_\_\_\_\_

Professional Affiliations/Associations:

ICF (Int'l Coach Federation)  OD Network  APA  Other (please specify)  \_\_\_\_\_

How did you hear about this program? \_\_\_\_\_

If by referral, from whom? \_\_\_\_\_

**Please register me for:**

<b>Program Title</b>	<b>Date</b>	<b>Fee</b>
_____	_____	_____
_____	_____	_____

I am a GISC Member:  I would like to join GISC:  \$125/year

**Total:** \_\_\_\_\_

Invoice my organization:  \_\_\_\_\_

I have enclosed a check or money order payable to GISC (US funds only):

Charge my: Visa  Mastercard  American Express

Name as it appears on card: \_\_\_\_\_

Account Number: \_\_\_\_\_ Expiration Date: \_\_\_\_\_

Signature: \_\_\_\_\_

**Cancellation Policy:** Refunds are available up to 21 days prior to a program, less a \$35 administration fee. When cancellation is made with a notice of 20 days or less, tuition will not be refunded, but may be applied to a future program within the next calendar year.

Mail or fax along with your payment to:  
**Gestalt International Study Center, PO Box 515, South Wellfleet, MA 02663-0515, USA**