



## **LEARNING OUTCOMES**

### **GCTS 1: October 22, 2011, at 1 pm to October 26, 2011, at 6 pm**

Understanding Requirements for GISC ICF Certification  
Creation of Learning and Support Community  
Optimistic Stance  
Cycle of Experience  
Multiple Realities  
Self-Awareness  
Feedback  
Figure and Ground  
Coaching Presence  
Active Listening  
Boundaries  
Experiments  
Contracting Process  
Intention  
Coaching Processes  
Coaching Specialization  
Paradoxical Theory of Change  
Ethics in Coaching  
Strategic and Intimate Systems<sup>®</sup>  
Self Responsibility and Identifying Your Developmental Edge  
Explanation for 5 Dynamics<sup>®</sup> Assessment for Participants (Delivered between Session 1 and 2)  
Individual Coaching Practice and Demonstrations of Competencies

### **GCTS 2: January 13, 2012, at 1 pm to January 17, 2012 at 6 pm**

Presentation of Research Papers  
5 Dynamics<sup>®</sup> Feedback  
Managing the Shadow Self  
Working with Resistance  
Systems Theory  
Polarities  
Well Developed/Less Developed<sup>®</sup>  
Joint Figure Creation  
Emotional Intelligence Based on Gestalt Theory  
Refining Your Coaching Specialty  
Ethical Dilemmas  
Experiments (Continue to work on development)  
Implications of Your Development Plan  
Individual Coaching Practice and Demonstrations of Competencies

### **GCTS 3: June 1, 2012, at 1 pm to June 6, 2012, at 6 pm**

Presentation of Research Papers  
Intention for Development as a Coach  
Coaching Challenges—Case Studies  
Experiments (Continuing development)  
Review of Key Areas of Learning  
Final Exam (written and observation with client)/Integration of Coaching with Guest Clients  
Support of Coaching Business  
Individual Coaching Practice and Demonstrations of Competencies

*Please note that the anticipated content listed above may be subject to change.*