

Enhancing Your Skills as an Intervener: An Introduction to the Cape Cod Model for Psychotherapists, Coaches, Consultants, and Other Professionals

Dates	November 29 - December 2, 2018 Begins Thursday, 3pm Ends Sunday, 12noon
Fee	\$895* / GISC Members: \$845 \$650 Mental Health Counselors & Psychotherapists
CE hours	24 - ICF
Faculty	Stuart Simon, LICSW, MCC, and Nancy Rutkowski, PhD, LCSW, PCC
Location	South Wellfleet, MA

This workshop focuses on the radically simple yet powerful approach to intervening with clients and client systems: The Cape Cod Model[®]. It is designed as both an introduction for those unfamiliar with the model, and as further learning for those who have previous experience using this method of intervening.

Throughout the workshop, we will focus on heightening your self-awareness as an intervener, and on the power your presence brings to your interventions with the client system. You will be taught to perceive the client system as a whole, regardless of its size, and to give structured feedback interventions in real-time client interactions. Participants also will be taught to see and articulate the competence of the client system—a critical element of the Cape Cod Model[®].

For those unfamiliar with The Cape Cod Model[®], there will be opportunity to practice new learning in a safe environment; participants already familiar with the model will benefit by sharpening their skills and deepening their understanding of the theory and principles that support it.

By learning to perceive the system as a whole and to provide brief, bold, and direct feedback, all participants will increase their ability to create effective interventions necessary to support change and growth.

This introduction to the methods for high impact intervention provides an excellent foundation for the practice-based intensive Cape Cod Training Program.

Benefits

Participants will:

- Raise their awareness of their own presence and its impact on their interventions.
- Begin to perceive an individual, a couple or a group as a whole system.
- Receive personalized feedback from organizational clients, peers and faculty
- Develop an ability to see and appreciate what the client system is doing well.
- Be introduced or re-introduced to some of the major principles informing the CCM[©] i.e. optimism and the paradoxical theory of change.
- Have an opportunity for practice in a safe environment.

Participants

This workshop is appropriate for organizational consultants, coaches, clinicians, psychotherapists, and other advisors. It may also be useful to managers and leaders in their work with individuals and teams.

* Participants who complete Enhancing Your Skills as an Intervener qualify to apply up to a \$500 tuition credit to one of our major Cape Cod Model programs: Cape Cod Training Program or the Competency Development Program for Coach Certification within 12 months. Please inquire!

ICF has certified this course for 24 core competency hours.



Registration Form

Name: _____ Male: Female:

Company Name: _____ Position: _____

Preferred Mailing Address - Work / Home : _____

City/State/Province/Postal Code/Country: _____

Work Phone: _____ Home Phone: _____

Mobile Phone: _____ Email: _____

Current Profession (please check all that apply):

Coach Consultant/OD Psychotherapist Leader/Executive Nonprofit Educator Other _____

Professional Affiliations/Associations:

ICF (Int'l Coach Federation) OD Network APA Other (please specify) _____

How did you hear about this program? _____

If by referral, from whom? _____

Please register me for:

Program Title	Date	Fee
_____	_____	_____
_____	_____	_____

I am a GISC Member: I would like to join GISC: \$125/year

Total: _____

Invoice my organization: _____

I have enclosed a check or money order payable to GISC (US funds only):

Charge my: Visa Mastercard American Express

Name as it appears on card: _____

Account Number: _____ Expiration Date: _____

Signature: _____

Cancellation Policy: Refunds are available up to 21 days prior to a program, less a \$35 administration fee. When cancellation is made with a notice of 20 days or less, tuition will not be refunded, but may be applied to a future program within the next calendar year.

Mail or fax along with your payment to:
Gestalt International Study Center, PO Box 515, South Wellfleet, MA 02663-0515, USA

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