

Working with the Body in Mind: Advanced Embodied Presence in Practice

Dates	Inquire about future offerings
Fee	\$600
CE hours	14.75 - ICF
Faculty	Ann Carr, MS, MCC, GPCC™, and Archie Roberts, MA



The way in which we embody ourselves is integral to our experience of others, and to others' experience of us – our impact. This highly experiential workshop will draw on knowledge from the frontiers of neuroscience and clinical practice to help practitioners exert a powerful, mindful influence on their client's conscious and unconscious experience for increased success.

The messages we send before we even open our mouths are the ones that clients respond to most directly and most powerfully. Becoming more aware of these messages means becoming more aware of our physical carriage: the timbre, pace, and pitch of our voice; the speed of our gestures; the engagement of our facial expressions; the ebb and flow of our breathing; and more. Awareness of these typically unconscious aspects of our physical presence allows us to experiment with them, to gain greater and greater skill with them, and to recruit them as powerful allies in our work.

Our bodies are an extraordinarily sensitive “register” of subtle events in the field. Attending to our own physical responses gives us a great deal of information about what's happening in our environment and offers insight into a client's reality that's unavailable through direct questioning.

In addition, with our support, our clients' learning and growth can be accelerated by raising their embodied awareness. Greater awareness of – and experimentation with – subtle shifts in breathing, movement, energy, and posture can grant access to a new and expanded capacity in the world.

This workshop will allow participants to deepen their experience of embodied presence, and to track their moment-to-moment physical awareness with growing precision. Building on these foundations, participants will begin to develop more and more sophisticated body-oriented observation and intervention skills.

Benefits

Participants will:

- Further their insight into their own embodied presence.
- Experience and practice additional techniques to support their own embodied experience and awareness.
- Develop a wider range of options in using their physical presence to heighten their impact
- Develop deeper access to relevant information in the field
- Develop insight into how clients' physical structure holds the story of life experiences and themes.
- Deepen their ability to build body-oriented experiments and interventions skill for heightened impact.

Participants

This workshop is limited to participants who have completed the entry level “Working with the Body in Mind” workshop or the equivalent.

[Coaches: This program has been certified by the International Coach Federation \(ICF\) for 11.75 core competency and 3 resource development continuing coaching education hours.](#)



Registration Form

Name: _____ Male: Female:

Company Name: _____ Position: _____

Preferred Mailing Address - Work / Home : _____

City/State/Province/Postal Code/Country: _____

Work Phone: _____ Home Phone: _____

Mobile Phone: _____ Email: _____

Current Profession (please check all that apply):

Coach Consultant/OD Psychotherapist Leader/Executive Nonprofit Educator Other _____

Professional Affiliations/Associations:

ICF (Int'l Coach Federation) OD Network APA Other (please specify) _____

How did you hear about this program? _____

If by referral, from whom? _____

Please register me for:

Program Title	Date	Fee
_____	_____	_____
_____	_____	_____

I am a GISC Member: I would like to join GISC: \$125/year

Total: _____

Invoice my organization: _____

I have enclosed a check or money order payable to GISC (US funds only):

Charge my: Visa Mastercard American Express

Name as it appears on card: _____

Account Number: _____ Expiration Date: _____

Signature: _____

Cancellation Policy: Refunds are available up to 21 days prior to a program, less a \$35 administration fee. When cancellation is made with a notice of 20 days or less, tuition will not be refunded, but may be applied to a future program within the next calendar year.

Mail or fax along with your payment to:
Gestalt International Study Center, PO Box 515, South Wellfleet, MA 02663-0515, USA

www.gisc.org p:508.349.7900 f:508.349.7908 e:office@gisc.org